



# HARBOR VIEW

ALL YOU CARE TO EAT

sunday: september 29th

## **Brunch: 10:30am-3pm**

*Cuban French Toast*

*Havana Style Eggs*

*Cuban Sandwiches*

*Creamy Cole Slaw, Guacamole, Pickles*

*Yuca Fries with Pickled Onions and Dipping Sauce*

*Tostones*

## **Eggs & Omelets to Order: 10:30am-3pm**

*Eggs your way with proteins, veggies & cheeses.*

## **Grill: 10:30am-9pm**

*Our beef is made with USDA verified all-natural Black Angus cattle with guaranteed traceability.*

*We hand-cut french fries daily.*

**Made to order** *Hamburgers, Cheeseburgers, Veggie Burgers, Daily Special & Fries.*

## **Bayside Deli: 10:30am-9pm**

*Create your own sandwich, wrap, salad or grain bowl.*

*Deli meats and proteins, cheese, grains & toppings.*

**Weekly Special: Baja Burrito Bowl  
& Veronica's Italian Sandwich**

## **Sauté Station:**

### **Creole Bowl - 10:30am-9pm**

*Andouille Sausage, Chicken, & Shrimp  
Smoked Gouda, Peppers, Green Beans,  
in a Cream Sauce with Penne*

## **Dinner: 5pm-9pm**

*General Tso's Chicken  
Garlic Stir Fried Rainbow Vegetables  
Steamed Pork Dumplings  
White Rice  
Spring Rolls*



# HARBOR VIEW

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monday: september 30th

## **Breakfast: 6am-10:30am**

*Coffee Milk Pancakes  
Scrambled Eggs  
Ham, Egg & Cheddar  
with Chipotle Mayo on an Everything Bagel  
Bacon & Chicken Sausage  
Hash Browns*

## **Eggs & Omelets to Order: 6am-10:30am**

*Eggs your way with proteins, veggies & cheeses.*

## **Lunch: 10:30am-3pm**

*Philly Cheesesteak  
Smoked Gouda Cheese Sauce  
Sautéed Peppers & Onions  
Seasoned French Fries with  
Lemon Herb Aioli*

## **Grill: 10:30am-9pm**

*Our beef is made with USDA verified all-natural  
Black Angus cattle with guaranteed traceability.  
We hand-cut french fries daily.*

**Made to order** *Hamburgers, Cheeseburgers,  
Veggie Burgers, Daily Special & Fries.*

## **Bayside Deli: 10:30am-9pm**

*Create your own sandwich, wrap, or salad.  
Deli meats and proteins, cheese & toppings.*

**Weekly Special: Baja Burrito Bowl  
& Veronica's Italian Sandwich**

## **Sauté Station: Creole Bowl - 10:30am-9pm**

*Andouille Sausage, Chicken, & Shrimp  
Smoked Gouda, Peppers, Green Beans,  
in a Cream Sauce with Penne*

## **Dinner: 5pm-9pm**

*Quentin's Carolina Dry Rub Roasted Chicken  
Black-Eyed Pea Tomato Salad  
Garlic Green Beans  
Roasted Corn Medley  
Onion Pimento Cheese Grits  
Sweet Rolls with Cinnamon Brown Sugar Butter*



# HARBOR VIEW

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tuesday: october 1st

## **Breakfast: 6am-10am**

*Cinnamon Sugar French Toast Sticks  
with Chocolate Dipping Sauce  
Scrambled Eggs  
Ham, Egg & Cheddar  
with Chipotle Mayo on an Everything Bagel  
Pork Sausage & Turkey Sausage  
Tater Tots*

## **Eggs & Omelets to Order: 6am-10am**

*Eggs your way with proteins, veggies & cheeses.*

## **Lunch: 10:30am-3pm**

*Sautéed Octopus in Tomato Sauce  
Linguini in Garlic Butter  
with Toasted Garlic Crostini  
Roasted Zucchini,  
Red Peppers & Eggplants  
Marinated Tomato Salad  
Caesar Salad*

## **Grill: 10:30am-9pm**

*Our beef is made with USDA verified all-natural  
Black Angus cattle with guaranteed traceability.  
We hand-cut french fries daily.*

**Made to order** *Hamburgers, Cheeseburgers,  
Veggie Burgers, Daily Special & Fries.*

## **Bayside Deli: 10:30am-9pm**

*Create your own sandwich, wrap, or salad.  
Deli meats and proteins, cheese & toppings.*

**Weekly Special: Baja Burrito Bowl  
& Veronica's Italian Sandwich**

## **Sauté Station: Creole Bowl - 10:30am-9pm**

*Andouille Sausage, Chicken, & Shrimp  
Smoked Gouda, Peppers, Green Beans,  
in a Cream Sauce with Penne*

## **Dinner: 5pm-9pm**

*Maple Bourbon Steak Tips  
Vegetable Stir Fry  
Parmesan Scalloped Potatoes  
Dinner Rolls with Garlic Butter  
Caesar Salad*

# HARBOR VIEW

ALL YOU CARE TO EAT

w e d n e s d a y : o c t o b e r 2 n d

## **Breakfast: 6am-10am**

*Salted Caramel Pancakes*

*Scrambled Eggs*

*Ham, Egg & Cheddar*

*with Chipotle Mayo on an Everything Bagel*

*Bacon & Chicken Sausage*

*Sweet Potato Tater Tots*

## **Eggs & Omelets to Order: 6am-10am**

*Eggs your way with proteins, veggies & cheeses.*

## **Lunch: 10:30am-3pm**

*Mexican Stuffed Peppers*

*Refried Black Beans*

*Fried Corn Tortillas*

*Salsa Crema & Queso Fresco*

*Mango Habanero Salsa*

*Shredded Lettuce*

*Yellow Rice*

## **Grill: 10:30am-9pm**

*Our beef is made with USDA verified all-natural Black Angus cattle with guaranteed traceability.*

*We hand-cut french fries daily.*

**Made to order** *Hamburgers, Cheeseburgers, Veggie Burgers, Daily Special & Fries.*

## **Bayside Deli: 10:30am-9pm**

*Create your own sandwich, wrap, or salad. Deli meats and proteins, cheese & toppings.*

**Weekly Special: Baja Burrito Bowl & Veronica's Italian Sandwich**

## **Sauté Station:**

### **Creole Bowl - 10:30am-9pm**

*Andouille Sausage, Chicken, & Shrimp*

*Smoked Gouda, Peppers, Green Beans,*

*in a Cream Sauce with Penne*

## **Dinner: 5pm-9pm**

*Sweet Thai Chili Shrimp*

*Drunken Noodles*

*Sautéed Mixed Vegetables*

*Spring Rolls & Dipping Sauce*



# HARBOR VIEW

ALL YOU CARE TO EAT

thursday: october 3rd

## **Breakfast: 6am-10am**

*Cinnamon Vanilla French Toast with Maple Butter  
Scrambled Eggs  
Ham, Egg & Cheddar  
with Chipotle Mayo on an Everything Bagel  
Pork Sausage & Turkey Sausage  
Hash Browns*

## **Eggs & Omelets to Order: 6am-10am**

*Eggs your way with proteins, veggies & cheeses.*

## **Lunch: 10:30am-3pm**

*Asian Chicken  
Bib Lettuce Wraps  
Shredded Carrots & Cabbage  
Sesame Soy Vinaigrette  
Asian Noodle Salad  
Fried Rice  
Crab Rangoons  
Spring Rolls*

## **Grill: 10:30am-9pm**

*Our beef is made with USDA verified all-natural  
Black Angus cattle with guaranteed traceability.  
We hand-cut french fries daily.*

**Made to order** Hamburgers, Cheeseburgers,  
Veggie Burgers, Daily Special & Fries.

## **Bayside Deli: 10:30am-9pm**

*Create your own sandwich, wrap, or salad.  
Deli meats and proteins, cheese & toppings.*

**Weekly Special: Baja Burrito Bowl  
& Veronica's Italian Sandwich**

## **Sauté Station: Creole Bowl - 10:30am-9pm**

*Andouille Sausage, Chicken, & Shrimp  
Smoked Gouda, Peppers, Green Beans,  
in a Cream Sauce with Penne*

## **Dinner: 5pm-9pm**

*Garlic Herb Crusted Salmon  
Roasted Brussel Sprouts & Butternut Squash  
Seasoned Wild Rice  
French Baguette with Garlic Olive Oil*

# HARBOR VIEW

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friday: october 4th

## **Brunch: 11am-2pm**

*Taste of the Ocean State*

*Kick off Homecoming & Family Weekend with unique takes on classic Rhode Island eats!*

*Join us from 11am-2pm at Harbor View Dining for Taste of the Ocean State, where [@jwu.acc](#), [@cullatina](#), and [@jwucookingasia](#) will all be putting a cultural spin on classic dishes from across the state.*

*[@jwu\\_m.s.s.s](#) will be performing and local vendors will also be on site.*

*This event is all you care to enjoy and is just 1 Meal Swipe, \$10.50 Flex, or \$14 cash or credit at the door.*

## **Grill: 3pm-9pm**

*Our beef is made with USDA verified all-natural Black Angus cattle with guaranteed traceability. We hand-cut french fries daily.*

**Made to order** Hamburgers, Cheeseburgers, Veggie Burgers, Daily Special & Fries.

## **Bayside Deli: 3pm-9pm**

*Create your own sandwich, wrap, or salad. Deli meats and proteins, cheese & toppings.*

**Weekly Special: Baja Burrito Bowl & Veronica's Italian Sandwich**

## **Sauté Station: Creole Bowl - 3pm-9pm**

*Andouille Sausage, Chicken, & Shrimp  
Smoked Gouda, Peppers, Green Beans,  
in a Cream Sauce with Penne*

## **Dinner: 5pm-9pm**

*Indian Black Pepper Yogurt Chicken  
Saag Paneer & Dahl  
Indian Cucumber Salad  
Roasted Sweet Potatoes  
Basmati Rice  
Naan Bread with Garlic Cilantro Butter*



# HARBOR VIEW

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saturday: october 5th

## **Brunch: 10:30am-3pm**

*Berry Nutella Crepes  
Vegetable Scrambled Eggs  
Canadian Bacon  
Poutine Bar  
Sautéed Onions & Mushrooms*

## **Eggs & Omelets to Order: 10:30am-3pm**

*Eggs your way with proteins, veggies & cheeses.*

## **Grill: 10:30am-9pm**

*Our beef is made with USDA verified all-natural Black Angus cattle with guaranteed traceability.  
We hand-cut french fries daily.*

**Made to order** Hamburgers, Cheeseburgers,  
Veggie Burgers, Daily Special & Fries.

## **Bayside Deli: 10:30am-9pm**

*Create your own sandwich, wrap, or salad.  
Deli meats and proteins, cheese & toppings.*

**Weekly Special: Baja Burrito Bowl  
& Veronica's Italian Sandwich**

## **Sauté Station: Creole Bowl - 10:30am-9pm**

*Andouille Sausage, Chicken, & Shrimp  
Smoked Gouda, Peppers, Green Beans,  
in a Cream Sauce with Penne*

## **Dinner: 5pm-9pm**

*Shepard's Pie  
Lentil Shepard's Pie  
Roasted Butternut Squash  
Dinner Rolls with Garlic Butter*