

# Harborside café

## BRUNCH 10:30PM-2:30PM

### HOT LINE

#### GREEN EGGS & HAM

CINNAMON VANILLA FRENCH TOAST (V)  
 PESTO SCRAMBLED EGGS (V, NG)  
 APPLE CIDER GLAZED HAM (NG)  
 GARLIC BUTTER ENGLISH MUFFINS (VG)  
 HOME FRIES WITH VEGGIES (VG, NG)  
 MIXED ROASTED VEGETABLES (VG, NG)  
 SEASONED WILD RICE (VG, NG)

### EGGS & OMLETES

#### CHOICE OF:

HAM	FETA CHEESE	PEPPERS
BACON	CHEDDAR CHEESE	ONIONS
CHICKEN SAUSAGE	VEGAN CHEESE	BROCCOLI
PLANT BASED CHORIZO		MUSHROOMS
		SPINACH
		TOMATOES

EGG SUBSTITUTE ALSO AVAILABLE

### SELF SERVE

STEEL CUT OATMEAL  
 WITH DRIED FRUITS  
 BROWN SUGAR, NUTS & SEEDS

#### TOAST BAR

ASSORTED BREADS & PASTRIES  
 BUTTER, CREAM CHEESE, JAMS & SPREADS

### ALL DAY BREAKFAST BAR

MAKE YOUR OWN WAFFLES  
 CEREAL & MILK  
 JUICE  
 WHOLE FRESH FRUIT

## DINNER 5PM-9PM

### PIZZA

CHEESE  
 DAILY SPECIAL

### GRILL

HAMBURGER  
 CHEESEBURGER  
 TURKEY BURGER  
 GRILLED CHICKEN  
 VEGGIE BURGER  
 GRILLED CHEESE

### COOKED TO ORDER

#### CARIBBEAN BOWL

CHOOSE: JERK CHICKEN THIGHS, JERK  
 SHRIMP, TOFU OR PLANT BASED CHICK'N  
 BLACK BEANS, ONIONS,  
 SWEET PLANTAINS, BELL PEPPERS,  
 MANGO, PINEAPPLE, KALE  
 COCONUT WHITE RICE OR BROWN RICE  
 PINEAPPLE PONZU OR COCONUT SRIRACHA  
 SCALLIONS FOR GARNISH

### SELF SERVE

SOUP OF THE DAY:  
 CHEF'S CHOICE

#### SALAD BAR

SELECTION OF FRESH GREENS, SALAD  
 TOPPINGS & DRESSINGS

### SANDWICH

#### CAPRESE SANDWICH

FRESH MOZZARELLA, PESTO,  
 TOMATO & SPRING MIX  
 ON A TALERA ROLL

### DINNER SPECIAL

#### KOREAN

BEEF BULGOGI (NG)  
 TOFU WITH KOREAN BBQ SAUCE (VG, NG)  
 KOREAN POTATO SALAD (V, NG)  
 VEGAN KIMCHI (VG, NG)  
 FRIED ZUCCHINI (VG)  
 SAUTÉED BUTTON MUSHROOMS (VG, NG)  
 SOYBEAN SPROUT SALAD (VG, NG)  
 WHITE RICE (VG, NG)

### LEAN & CLEAN

GRILLED CHICKEN (NG)  
 BROWN RICE (VG, NG)  
 VEGETABLE OF THE DAY (VG, NG)

# Harborside café

## BREAKFAST 6AM-10AM

## 4.22 MONDAY

### HOT LINE

MIXED BERRY PANCAKES (V)  
SCRAMBLED EGGS (V, NG)  
EGG & CHEESE SANDWICHES (V)  
CHICKEN SAUSAGE (NG)  
HASH BROWNS (VG)

### EGGS & OMLETES

CHOICE OF:  
HAM FETA CHEESE PEPPERS  
BACON CHEDDAR CHEESE ONIONS  
CHICKEN SAUSAGE VEGAN CHEESE BROCCOLI  
PLANT BASED CHORIZO MUSHROOMS  
SPINACH  
TOMATOES

EGG SUBSTITUTE ALSO AVAILABLE

### SELF SERVE

STEEL CUT OATMEAL  
WITH DRIED FRUITS  
BROWN SUGAR, NUTS & SEEDS

TOAST BAR  
ASSORTED BREADS & PASTRIES  
BUTTER, CREAM CHEESE, JAMS & SPREADS

### ALL DAY BREAKFAST BAR

MAKE YOUR OWN WAFFLES  
CEREAL & MILK  
JUICE  
WHOLE FRESH FRUIT

## LUNCH 10:30PM-2:30PM

## DINNER 5PM-9PM

### PIZZA

CHEESE  
DAILY SPECIAL

### GRILL

HAMBURGER  
CHEESEBURGER  
TURKEY BURGER  
GRILLED CHICKEN  
VEGGIE BURGER  
GRILLED CHEESE

### COOKED TO ORDER

CARIBBEAN BOWL  
CHOOSE: JERK CHICKEN THIGHS, JERK  
SHRIMP, TOFU OR PLANT BASED CHICK'N  
BLACK BEANS, ONIONS,  
SWEET PLANTAINS, BELL PEPPERS,  
MANGO, PINEAPPLE, KALE  
COCONUT WHITE RICE OR BROWN RICE  
PINEAPPLE PONZU OR COCONUT SRIRACHA  
SCALLIONS FOR GARNISH

### LUNCH SPECIAL (10:30-2:30PM)

HEART HEALTHY  
LEMON HERB PISTACHIO CRUSTED SALMON  
LEMON HERB PISTACHIO CRUSTED TOFU (VG)  
SAUTÉED ASPARAGUS  
WITH ROASTED GARLIC (VG, NG)  
POWER GRAINS (VG, NG)  
MIXED BERRY SALAD  
WITH WALNUTS & GOAT CHEESE  
FEATURING LOCAL GOTHAM GREENS SPRING MIX  
GREEK YOGURT DRESSING (VG, NG)

### SELF SERVE

CHEF'S CHOICE  
SALAD BAR  
SELECTION OF FRESH GREENS,  
SALAD TOPPINGS & DRESSINGS

### DINNER SPECIAL (5-9PM)

INDIAN  
BLACK PEPPER YOGURT CHICKEN (NG)  
SAAG PANEER (V, NG)  
DAHL: LENTIL STEW (VG, NG)  
ROASTED SWEET POTATOES (VG, NG)  
CUMIN WHITE RICE (VG, NG)  
NAAN BREAD  
WITH GARLIC CILANTRO BUTTER (V)

### SANDWICH

CAPRESE SANDWICH  
FRESH MOZZARELLA, PESTO,  
TOMATO & SPRING MIX  
ON A TALERA ROLL

### LEAN & CLEAN

GRILLED CHICKEN (NG)  
BROWN RICE (VG, NG)  
VEGETABLE OF THE DAY (VG, NG)

# Harborside café

## BREAKFAST 6AM-10AM

## 4.23 TUESDAY

### HOT LINE

CINNAMON SUGAR FRESH TOAST STICKS (V)  
VEGETABLE QUICHE (V)  
EGG & CHEESE SANDWICHES (V)  
BACON (NG)  
TATER TOTS (VG)

### EGGS & OMLETES

CHOICE OF:  
HAM FETA CHEESE PEPPERS  
BACON CHEDDAR CHEESE ONIONS  
CHICKEN SAUSAGE VEGAN CHEESE BROCCOLI  
PLANT BASED CHORIZO MUSHROOMS  
SPINACH  
TOMATOES

EGG SUBSTITUTE ALSO AVAILABLE

### SELF SERVE

STEEL CUT OATMEAL  
WITH DRIED FRUITS  
BROWN SUGAR, NUTS & SEEDS  
  
TOAST BAR  
ASSORTED BREADS & PASTRIES  
BUTTER, CREAM CHEESE, JAMS & SPREADS

### ALL DAY BREAKFAST BAR

MAKE YOUR OWN WAFFLES  
CEREAL & MILK  
JUICE  
WHOLE FRESH FRUIT

## LUNCH 10:30PM-2:30PM DINNER 5PM-9PM

### PIZZA

CHEESE  
DAILY SPECIAL

### GRILL

HAMBURGER  
CHEESEBURGER  
TURKEY BURGER  
GRILLED CHICKEN  
VEGGIE BURGER  
GRILLED CHEESE

### COOKED TO ORDER

CARIBBEAN BOWL  
CHOOSE: JERK CHICKEN THIGHS, JERK  
SHRIMP, TOFU OR PLANT BASED CHICK'N  
BLACK BEANS, ONIONS,  
SWEET PLANTAINS, BELL PEPPERS,  
MANGO, PINEAPPLE, KALE  
COCONUT WHITE RICE OR BROWN RICE  
PINEAPPLE PONZU OR COCONUT SRIRACHA  
SCALLIONS FOR GARNISH

### LUNCH SPECIAL (10:30-2:30PM)

BYO: FRENCH DIP  
FRENCH BREAD (V)  
HOT ROAST BEEF WITH MELTED SWISS (NG)  
PLANT BASED BEEF (VG, NG)  
AU JUS DIP  
CARAMELIZED ONIONS (VG, NG)  
PICKLES (VG, NG)  
GREEN BEANS (VG, NG)  
SWEET POTATO FRIES (VG)

### SELF SERVE

CHEF'S CHOICE  
SALAD BAR  
SELECTION OF FRESH GREENS,  
SALAD TOPPINGS & DRESSINGS

### LEAN & CLEAN

GRILLED CHICKEN (NG)  
BROWN RICE (VG, NG)  
VEGETABLE OF THE DAY (VG, NG)

### DINNER SPECIAL (5-9PM)

ALUMNI TAKEOVER:  
ALL STARS  
SMOKED GOUDA MAC (V)  
VEGAN MAC & CHZ (VG)  
SCALLIONS (VG, NG)  
BBQ PULLED PORK (NG)  
FEATURING FARM TO SANDWICH  
GARLIC SHRIMP (NG)  
CRISPY BACON (NG)  
BROCCOLI (VG, NG)  
MOCKTAILS BY CARIBE & CO (VG)

### SANDWICH

CAPRESE SANDWICH  
FRESH MOZZARELLA, PESTO,  
TOMATO & SPRING MIX  
ON A TALERA ROLL

# Harborside café

## BREAKFAST 6AM-10AM

## 4.24 WEDNESDAY

### HOT LINE

CHOCOLATE CHIP PANCAKES (V)  
LOADED SCRAMBLED EGGS (V, NG)  
EGG & CHEESE SANDWICHES (V)  
TURKEY SAUSAGE (NG)  
SWEET POTATO TATER TOTS (VG)

### EGGS & OMLETES

CHOICE OF:  
HAM                      FETA CHEESE                      PEPPERS  
BACON                    CHEDDAR CHEESE                ONIONS  
CHICKEN SAUSAGE      VEGAN CHEESE                    BROCCOLI  
PLANT BASED CHORIZO           MUSHROOMS  
   SPINACH  
   TOMATOES

EGG SUBSTITUTE ALSO AVAILABLE

### SELF SERVE

STEEL CUT OATMEAL  
WITH DRIED FRUITS  
BROWN SUGAR, NUTS & SEEDS

TOAST BAR  
ASSORTED BREADS & PASTRIES  
BUTTER, CREAM CHEESE, JAMS & SPREADS

### ALL DAY BREAKFAST BAR

MAKE YOUR OWN WAFFLES  
CEREAL & MILK  
JUICE  
WHOLE FRESH FRUIT

## LUNCH 10:30PM-2:30PM

## DINNER 5PM-9PM

### PIZZA

CHEESE  
DAILY SPECIAL

### GRILL

HAMBURGER  
CHEESEBURGER  
TURKEY BURGER  
GRILLED CHICKEN  
VEGGIE BURGER  
GRILLED CHEESE

### COOKED TO ORDER

CARIBBEAN BOWL  
CHOOSE: JERK CHICKEN THIGHS, JERK  
SHRIMP, TOFU OR PLANT BASED CHICK'N  
BLACK BEANS, ONIONS,  
SWEET PLANTAINS, BELL PEPPERS,  
MANGO, PINEAPPLE, KALE  
COCONUT WHITE RICE OR BROWN RICE  
PINEAPPLE PONZU OR COCONUT SRIRACHA  
SCALLIONS FOR GARNISH

### LUNCH SPECIAL (10:30-2:30PM)

CHICKEN SHAWARMA  
FLATBREAD (V)  
CHICKEN SHAWARMA (NG)  
CHICK'N SHAWARMA (VG)  
ROMAINE LETTUCE, TOMATOES,  
RED ONIONS (VG, NG)  
TZATZIKI (V, NG)  
CILANTRO (VG, NG)  
HUMMUS (V)  
LEMON RICE PILAF (V, NG)

### SELF SERVE

CHEF'S CHOICE  
SALAD BAR  
SELECTION OF FRESH GREENS,  
SALAD TOPPINGS & DRESSINGS

### LEAN & CLEAN

GRILLED CHICKEN (NG)  
BROWN RICE (VG, NG)  
VEGETABLE OF THE DAY (VG, NG)

### DINNER SPECIAL (5-9PM)

CHINESE  
GENERAL TSO'S CHICKEN  
GENERAL TSO'S PLANT BASED CHICK'N (VG)  
GARLIC BROCCOLI STIR FRY  
WITH PEPPERS & ONIONS (VG, NG)  
SESAME WHITE RICE (VG, NG)  
PORK DUMPLINGS  
CRAB RANGOON

### SANDWICH

CAPRESE SANDWICH  
FRESH MOZZARELLA, PESTO,  
TOMATO & SPRING MIX  
ON A TALERA ROLL

# Harborside café

## BREAKFAST 6AM-10AM

## 4.25 THURSDAY

### HOT LINE

NUTELLA STUFFED FRENCH TOAST (V)  
FRIED EGGS (V, NG)  
EGG & CHEESE SANDWICHES (V)  
PORK SAUSAGE (NG)  
HASH BROWNS (VG)

### EGGS & OMLETES

CHOICE OF:  
HAM FETA CHEESE PEPPERS  
BACON CHEDDAR CHEESE ONIONS  
CHICKEN SAUSAGE VEGAN CHEESE BROCCOLI  
PLANT BASED CHORIZO MUSHROOMS  
SPINACH  
TOMATOES

EGG SUBSTITUTE ALSO AVAILABLE

### SELF SERVE

STEEL CUT OATMEAL  
WITH DRIED FRUITS  
BROWN SUGAR, NUTS & SEEDS

TOAST BAR  
ASSORTED BREADS & PASTRIES  
BUTTER, CREAM CHEESE, JAMS & SPREADS

### ALL DAY BREAKFAST BAR

MAKE YOUR OWN WAFFLES  
CEREAL & MILK  
JUICE  
WHOLE FRESH FRUIT

## LUNCH 10:30PM-2:30PM

## DINNER 5PM-9PM

### PIZZA

CHEESE  
DAILY SPECIAL

### GRILL

HAMBURGER  
CHEESEBURGER  
TURKEY BURGER  
GRILLED CHICKEN  
VEGGIE BURGER  
GRILLED CHEESE

### COOKED TO ORDER

#### CARIBBEAN BOWL

CHOOSE: JERK CHICKEN THIGHS, JERK  
SHRIMP, TOFU OR PLANT BASED CHICK'N  
BLACK BEANS, ONIONS,  
SWEET PLANTAINS, BELL PEPPERS,  
MANGO, PINEAPPLE, KALE  
COCONUT WHITE RICE OR BROWN RICE  
PINEAPPLE PONZU OR COCONUT SRIRACHA  
SCALLIONS FOR GARNISH

### LUNCH SPECIAL (10:30-2:30PM)

BYO: CUBAN SANDWICH  
CUBAN SANDWICH MEAT  
PICKLES (VG, NG)  
GUACAMOLE (VG, NG)  
PURPLE CREAMY COLE SLAW (NG)  
TOSTONES (VG, NG)  
YUCA FRIES WITH PICKLED ONION (VG, NG)

### SELF SERVE

CHEF'S CHOICE  
SALAD BAR  
SELECTION OF FRESH GREENS,  
SALAD TOPPINGS & DRESSINGS

### LEAN & CLEAN

GRILLED CHICKEN (NG)  
BROWN RICE (VG, NG)  
VEGETABLE OF THE DAY (VG, NG)

### DINNER SPECIAL (5-9PM)

ITALIAN  
DAIRY FREE RIGATONI BOLOGNESE  
GREEN GODDESS PASTA (VG)  
ITALIAN GREEN BEANS (VG, NG)  
CAPRESE SALAD (V, NG)  
STEAMED BROCCOLI (VG, NG)  
GARLIC BREADSTICK (V)

### SANDWICH

CAPRESE SANDWICH  
FRESH MOZZARELLA, PESTO,  
TOMATO & SPRING MIX  
ON A TALERA ROLL

# Harborside café

## BRUNCH 10:30PM-2:30PM

4.26 **FRIDAY**

### HOT LINE

FRIED EGGS (V, NG)  
TURKEY SAUSAGE (NG)  
TATER TOTS (V)  
PICKLED ONIONS (VG, NG)  
MANGU (VG, NG)  
BOLA DE YUCA  
FRYING CHEESE (V, NG)  
SALAMI (NG)

### EGGS & OMLETES

CHOICE OF:  
HAM FETA CHEESE PEPPERS  
BACON CHEDDAR CHEESE ONIONS  
CHICKEN SAUSAGE VEGAN CHEESE BROCCOLI  
PLANT BASED CHORIZO MUSHROOMS  
SPINACH  
TOMATOES

EGG SUBSTITUTE ALSO AVAILABLE

### SELF SERVE

STEEL CUT OATMEAL  
WITH DRIED FRUITS  
BROWN SUGAR, NUTS & SEEDS

TOAST BAR  
ASSORTED BREADS & PASTRIES  
BUTTER, CREAM CHEESE, JAMS & SPREADS

### ALL DAY BREAKFAST BAR

MAKE YOUR OWN WAFFLES  
CEREAL & MILK  
JUICE  
WHOLE FRESH FRUIT

## DINNER 5PM-9PM

### PIZZA

CHEESE  
DAILY SPECIAL

### GRILL

HAMBURGER  
CHEESEBURGER  
TURKEY BURGER  
GRILLED CHICKEN  
VEGGIE BURGER  
GRILLED CHEESE

### COOKED TO ORDER

CARIBBEAN BOWL  
CHOOSE: JERK CHICKEN THIGHS, JERK  
SHRIMP, TOFU OR PLANT BASED CHICK'N  
BLACK BEANS, ONIONS,  
SWEET PLANTAINS, BELL PEPPERS,  
MANGO, PINEAPPLE, KALE  
COCONUT WHITE RICE OR BROWN RICE  
PINEAPPLE PONZU OR COCONUT SRIRACHA  
SCALLIONS FOR GARNISH

### SELF SERVE

SOUP OF THE DAY:  
CHEF'S CHOICE  
SALAD BAR  
SELECTION OF FRESH GREENS, SALAD  
TOPPINGS & DRESSINGS

### SANDWICH

CAPRESE SANDWICH  
FRESH MOZZARELLA, PESTO,  
TOMATO & SPRING MIX  
ON A TALERA ROLL

### DINNER SPECIAL

FRIED FISH SANDWICHES  
FRIED "CATCH OF THE DAY"  
BRIOCHE BUNS (V)  
TARTAR SAUCE (V, NG)  
CHIPOTLE AIOLI (V, NG)  
PICKLES (VG, NG)  
CREAMY COLE SLAW (V, NG)  
BAKED POTATO WEDGES (VG, NG)  
GREEN BEANS (VG, NG)

### LEAN & CLEAN

GRILLED CHICKEN (NG)  
BROWN RICE (VG, NG)  
VEGETABLE OF THE DAY (VG, NG)

# Harborside café

## BRUNCH 10:30PM-2:30PM

## 4.27 SATURDAY

### HOT LINE

CHARCUTERIE BOARD  
FEATURING BOAR'S HEAD MEATS & CHEESES  
ASSORTED HOUSE MADE JAMS (VG, NG)  
ROASTED RED PEPPER HUMMUS (VG, NG)  
ROASTED MIXED VEGETABLES (VG, NG)  
GARLIC BUTTER CROSTINI (VG)  
LOADED FRITTATA (V, NG)  
SEASONED HOME FRIES (VG, NG)  
ESPRESSO PANCAKES (V)

### EGGS & OMLETES

CHOICE OF:  
HAM FETA CHEESE PEPPERS  
BACON CHEDDAR CHEESE ONIONS  
CHICKEN SAUSAGE VEGAN CHEESE BROCCOLI  
PLANT BASED CHORIZO MUSHROOMS  
SPINACH  
TOMATOES

EGG SUBSTITUTE ALSO AVAILABLE

### SELF SERVE

STEEL CUT OATMEAL  
WITH DRIED FRUITS  
BROWN SUGAR, NUTS & SEEDS

TOAST BAR  
ASSORTED BREADS & PASTRIES  
BUTTER, CREAM CHEESE, JAMS & SPREADS

### ALL DAY BREAKFAST BAR

MAKE YOUR OWN WAFFLES  
CEREAL & MILK  
JUICE  
WHOLE FRESH FRUIT

## DINNER 5PM-9PM

### PIZZA

CHEESE  
DAILY SPECIAL

### GRILL

HAMBURGER  
CHEESEBURGER  
TURKEY BURGER  
GRILLED CHICKEN  
VEGGIE BURGER  
GRILLED CHEESE

### COOKED TO ORDER

CARIBBEAN BOWL  
CHOOSE: JERK CHICKEN THIGHS, JERK  
SHRIMP, TOFU OR PLANT BASED CHICK'N  
BLACK BEANS, ONIONS,  
SWEET PLANTAINS, BELL PEPPERS,  
MANGO, PINEAPPLE, KALE  
COCONUT WHITE RICE OR BROWN RICE  
PINEAPPLE PONZU OR COCONUT SRIRACHA  
SCALLIONS FOR GARNISH

### SELF SERVE

SOUP OF THE DAY:  
CHEF'S CHOICE  
SALAD BAR  
SELECTION OF FRESH GREENS, SALAD  
TOPPINGS & DRESSINGS

### SANDWICH

CAPRESE SANDWICH  
FRESH MOZZARELLA, PESTO,  
TOMATO & SPRING MIX  
ON A TALERA ROLL

### DINNER SPECIAL

FRENCH  
CHICKEN MARSALA  
PLANT BASED CHICK'N MARSALA (VG)  
LINGUINI (VG)  
ROASTED CAULIFLOWER (VG, NG)  
SAUTÉED HERBED ZUCCHINI  
& RED PEPPERS (VG, NG)  
FRENCH BREAD (V)

### LEAN & CLEAN

GRILLED CHICKEN (NG)  
BROWN RICE (VG, NG)  
VEGETABLE OF THE DAY (VG, NG)