Congratulations on your acceptance to Johnson & Wales University.

As you may already be aware, there are specific **Health Services requirements** that you must fulfill before you begin your first semester of study at the university. These requirements include

- A complete physical exam conducted within the last year
- Two doses of the MMR (measles, mumps and rubella) vaccine (or titers if applicable)
- Three doses of hepatitis B vaccine (or titers if applicable)
- Three doses of a tetanus-diphtheria vaccine (including at least one Tdap dose within the past 10 years)
- Two doses of the chicken pox vaccine (or titers if applicable) or proof of medical provider-diagnosed disease
- Meningitis vaccine. If you received your first dose prior to age 16, a booster is required.
- One or two doses of COVID-19 vaccine, in accordance with the number of doses recommended by the manufacturer (booster strongly recommended)
- Meningitis type B vaccine, strongly recommended but not required. Please check with your medical provider as to whether this vaccine is appropriate for you.
- Hepatitis A vaccine, strongly recommended but not required
- **Charlotte Campus only:** Any student who is under the age of 18 upon enrollment must submit proof of the polio vaccine series.
- **For entering students who are from countries where tuberculosis is highly endemic and who have been residents of the United States for less than five (5) years:** Negative TB test or chest x-ray within the last year. A list of countries where tuberculosis is highly endemic is available upon request from Health Services.
- JWU courses incorporating foods or beverages may use edible or cleaning products that constitute or contain allergens. Any student enrolling in such a course who has a serious or life-threatening allergy should contact Accessibility Services (Providence) or Center for Academic Support (Charlotte) as needed to discuss the possibility of accommodations or adjustments; further discussion with the relevant faculty member or other administrative personnel may be necessary.

You are required to return the completed Physical Examination Form to Health Services by July 10 prior to the semester start date. For students who move into campus housing prior to July 10, you must return the complete Physical Examination to Health Services at least 3 weeks prior to your arrival on campus. You must complete Page 2 of this examination form and your medical provider must complete Pages 3 and 4. **Important note:** Be sure the examination form includes your medical provider's signature and the date of the physical exam before you return it to the university. The physical exam must be dated within the past year. If you are under 18, your parent's or legal guardian's signature is required on the bottom of Page 2.

Instructions on how to submit your health forms can be found on **jwuLink** under the **New Student Checklist** tab.

In addition, if you plan to participate in varsity or club athletics (not intramurals), please complete the additional sections at the end of this form.

Failure to submit a completed examination form by the university's semester start deadline will result in a "Health Services Hold" being applied to your student record. This hold will prohibit you from enrolling in classes at Johnson & Wales University. In addition, if you do not submit this documentation and you are a resident student (living in a residence hall), your housing assignment will be revoked. This will result in you being placed in any available room on campus if and when all holds have been removed from your record.

For additional information about health services at each campus, visit health.jwu.edu and select the campus where you will be enrolled. Also, for information regarding accommodations for students with disabilities, please contact the Accessibility Services / Center for Academic Support.

We look forward to welcoming you to the university community. Congratulations on your acceptance.

Sincerely,
Director of Health Services

FORM 2 | PHYSICAL EXAMINATION FORM

JOHNSON & WALES UNIVERSITY

Must be completed by student before visiting medical provider.
DO NOT LEAVE ANY INFORMATION BLANK.

College: *(check one)*
☐ Arts & Sciences
☐ Business
☐ Engineering & Design
☐ Food Innovation & Technology
☐ Health & Wellness
☐ Hospitality Management
☐ Grad Programs

Residency: *(check one)* ☐ Residence Hall ☐ Commuter

Status: *(check one)* ☐ Full-time ☐ Part-time

JWU ID Number (REQUIRED): _____

Entrance Date: Mo _____ Yr _____

Gender: _____

Preferred Name: _____
Last First Middle

Name at Birth: _____
Last First Middle

Student Mobile Phone: _____ Date of Birth: _____
Month Day Year

Permanent Address: _____
Street Apartment Number

_____
City State ZIP

Name of Parent(s)/
Guardian or Spouse: _____

Permanent Address: _____
Street Apartment Number

_____
City State ZIP

Permanent Phone: _____

Work Phone: _____ Mobile Phone: _____

Use as the primary emergency contact: ❑ Permanent ❑ Work ❑ Mobile

Students with Disabilities: For information regarding accommodations, please contact the Accessibility Services/Center for Academic Support.

EMERGENCY CONTACT INFORMATION — REQUIRED

Name of the Person to be Notified

Relationship to the Student

Home Address

City State ZIP

Home Phone

Mobile Phone

Work Phone

ALTERNATIVE EMERGENCY CONTACT

Name of the Person to be Notified

Relationship to the Student

Home Address

City State ZIP

Home Phone

Mobile Phone

Work Phone

Permission for Treatment

I hereby grant permission to Johnson & Wales University, or its authorized representatives, to furnish such medical care as I, and in the case of a student under the age of 18, my child may require, including examination, immunizations and treatment, and any other medical care that may be required as a result of serious illness, and agree to hold harmless Johnson & Wales University and its agents, Board, directors, employees, officers, trustees and volunteers from any causes of action, claims, damages and/or liabilities, arising out of or resulting from said medical care. I understand and agree that in the event of serious illness, or the need for hospitalization and/or surgery, the university will use reasonable efforts to contact my emergency contacts; however, failure or inability to do so will not prevent the university from providing medical care as necessary.

Signature **Date**

Parent/Guardian Signature (must be signed by parent or legal guardian if student is under the age of 18) **Date**

PHYSICAL EXAM — Must be completed and *signed* by medical provider

Patient Name: _____ Date of Birth: _____
Month Day Year

Height _____ Vision: Right_____ Left_____ Nose_____ Ears _____ Mouth_____ Lymph Glands_____

Weight_____ Glasses_____ Throat_____ Hay fever_____ Tonsils_____ Thyroid_____ Scalp_____

Contacts_____ Teeth_____ Heart_____ Blood Pressure_____ Pulse_____

Chest-Lungs _____

Abdomen _____

Hernia — Genitalia — Spine _____

Extremities _____

Medication Allergies (specify medication and reaction)? _____

Food Allergies (specify food and reaction)? _____ EpiPen? _____

Other Allergies? _____

Regularly Taken Medications _____

Medical History (disabilities, injuries, limitations, medical diagnosis, and surgeries) _____

MEDICAL PROVIDER'S SIGNATURE **DATE**

Print Name Phone Number

Street Address

City State ZIP

IMMUNIZATION HISTORY — Must be completed and *signed* by medical provider

Patient Name: _____ Date of Birth: _____
Month Day Year

REQUIRED IMMUNIZATIONS

Negative TB test or chest x-ray within the last year is required for entering students who are from countries where tuberculosis is highly endemic and who have been residents in the United States for less than five (5) years. A list of countries where tuberculosis is highly endemic is available upon request from Health Services.

MM/DD/YY _____

Results _____

Tdap *(required within the last 10 years)* MM/DD/YY #1 _____

DTP History MM/DD/YY #1 _____ #2 _____ #3 _____

MMR (Measles, Mumps, Rubella) *Two doses required after first birthday.*

#1 MM/DD/YY _____ #2 MM/DD/YY _____

OR

Titers (if applicable)

❑ MEASLES ❑ Immune ❑ Not Immune **Please Attach Lab Work**

❑ MUMPS ❑ Immune ❑ Not Immune

❑ RUBELLA ❑ Immune ❑ Not Immune

Hepatitis B Vaccine Series (required)

#1 MM/DD/YY _____ **Titers (if applicable)** ❑ Immune ❑ Not Immune

#2 MM/DD/YY _____ **Please Attach Lab Work**

#3 MM/DD/YY _____

Chicken Pox Vaccine *(required if not previously diagnosed by a medical provider)*

Date of infection: MM/DD/YY _____ or **Titers (if applicable)** ❑ Immune ❑ Not Immune

#1 MM/DD/YY _____ **Please Attach Lab Work**

#2 MM/DD/YY _____

Meningitis Vaccine *This is a requirement for all students under age 22.*

If you received your first dose prior to age 16, a booster is required: Vaccine MM/DD/YY _____

Booster MM/DD/YY _____

Polio Vaccine Series (if under age 18)

#1 MM/DD/YY _____ #2 MM/DD/YY _____ #3 MM/DD/YY _____

COVID-19 Vaccine

❑ Pfizer ❑ Moderna ❑ Johnson & Johnson

#1 MM/DD/YY _____ #2 MM/DD/YY _____

Booster *(strongly recommended)* MM/DD/YY _____

STRONGLY RECOMMENDED, OPTIONAL VACCINATIONS

Meningitis Serogroup B Vaccine Series *Please check with your medical provider as to whether the Meningitis Type B Vaccine is appropriate for you.*

Check one ❑ Trumenba or ❑ Bexsero

#1 MM/DD/YY _____ #2 MM/DD/YY _____ #3 MM/DD/YY _____

Hepatitis A Vaccine Series

#1 MM/DD/YY _____ #2 MM/DD/YY _____

_____

MEDICAL PROVIDER'S SIGNATURE **DATE**

_____

Print Name Phone Number

_____

Street Address

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FORM 2A | ATHLETICS PHYSICAL EXAMINATION FORM

JOHNSON & WALES UNIVERSITY

Please disregard if you are NOT an athlete.

Complete this section **if you intend to participate in varsity/ club athletics** at Johnson & Wales University.

GENERAL MEDICAL HISTORY

Please indicate if you or anyone in your family have or have had any of the following illnesses or disorders. Use the following code for family member(s): **m**-mother, **f**-father, **s**-sister, **b**-brother, **gm**-grandmother, **gf**-grandfather, **a**-aunt or **u**-uncle.

YES	NO	FAMILY MEMBER	SELF	ILLNESS OR DISORDER
❑	❑			Heart disease?
❑	❑			High blood pressure? Last reading:
❑	❑			Sudden death of a family member under 50 years of age of non-traumatic causes?
❑	❑			Occurrence in family of hypertrophic cardiomyopathy, dilated cardiomyopathy, long AT wave or Marfan's Syndrome?
❑	❑			Chest pain with exercise?
❑	❑			Excessive shortness of breath or fatigue with exercise?
❑	❑			Irregular heartbeat or arrhythmia?
❑	❑			Heart murmur?
❑	❑			Frequent or severe headaches? How often?
❑	❑			History of fainting spells? How often? Presently getting them?
❑	❑			Epilepsy or convulsive disorders? If yes, explain:
❑	❑			Absence or impairment of an organ? Which one?
❑	❑			Mononucleosis? If so, when?
❑	❑			Enlarged spleen? Were you hospitalized?
❑	❑			Hepatitis?
❑	❑			Asthma? What type of medication are you taking for it?
				Daily or as needed?
❑	❑			Exercise-induced asthma or bronchiospasm?
❑	❑			Diabetes? Type:
❑	❑			Rheumatic fever? When?
❑	❑			Anemia? When?
❑	❑			Bruise or bleed easily?
❑	❑			Respiratory disorder? If yes, explain:
❑	❑			Pneumothorax? When?
❑	❑			Kidney disorder? If yes, explain:
❑	❑			Gastrointestinal disorder? If yes, explain:
❑	❑			Genitourinary disorder? If yes, explain:
❑	❑			Eyes, ears, nose problems? If yes, explain:
❑	❑			Arthritis? Type: Where?
❑	❑			Thyroid problems? If yes, explain:
❑	❑			Heat or cold related illness? When? Were you hospitalized?
❑	❑			Cancer? Type: When?
❑	❑			Blood disease? Type:
❑	❑			Tuberculosis or possible exposure? When?
❑	❑			Bleeding disorder? Type:
❑	❑			Emotional or psychological difficulties? If yes, explain:
❑	❑			Ulcers?
❑	❑			Hernia?
❑	❑			Eating disorder? If yes, explain:
❑	❑			Menstrual problems or irregular menstruation? If yes, explain:
❑	❑			Attention Deficit Disorder / Attention Deficit/Hyperactivity Disorder?

Please further explain any "yes" answers, if necessary. _____

_____

_____

Have you ever been denied participation in a sport? When? _____ Why? _____

Do you suffer from frequent nosebleeds? _____

Have you ever had a concussion? _____ Number of times: _____

ORTHOPEDIC INFORMATION

YES	NO		WHEN	R or L
Head and Neck Information				
❑	❑	Have you ever had a head/neck injury (non-concussion)?	_____	_____
❑	❑	Were you ever hospitalized for a head/neck injury?	_____	_____
❑	❑	Have you ever had head or neck surgery?	_____	_____
Explain: _____				
Shoulder/Arm/Hand/Finger Information				
❑	❑	Have you ever had a shoulder injury?	_____	_____
❑	❑	Have you ever dislocated or separated your shoulder?	_____	_____
❑	❑	Have you ever had an elbow injury?	_____	_____
❑	❑	Have you ever had a hand, wrist or finger injury?	_____	_____
❑	❑	Have you ever had shoulder, arm, hand or finger surgery?	_____	_____
Explain: _____				
Back and Hip Information				
❑	❑	Have you ever suffered a back injury?	_____	_____
❑	❑	Do you have scoliosis or any other spinal defect?	_____	_____
❑	❑	Have you ever had a hip injury?	_____	_____
❑	❑	Have you ever had back or hip surgery?	_____	_____
Explain: _____				
Knee Information				
❑	❑	Have you ever had a knee injury?	_____	_____
❑	❑	Have you ever had knee surgery?	_____	_____
Explain: _____				
Ankle and Foot Information				
❑	❑	Have you ever had an ankle injury?	_____	_____
❑	❑	Have you ever had a foot injury?	_____	_____
❑	❑	Have you ever had ankle or foot surgery?	_____	_____
Explain: _____				
Bone and Muscle Information				
❑	❑	Have you ever had shin splints?	_____	_____
❑	❑	Have you ever had a stress fracture? Where?	_____	_____
❑	❑	Have you ever fractured a bone? Where?	_____	_____
❑	❑	Have you ever had any other bone problems? Explain: _____		
❑	❑	Do you have any pins, screws or plates in your body? Where? _____		

Please further explain any "yes" answers, if necessary. _____

_____

_____

Do you have any other orthopedic problem we should be aware of? _____

ASSUMPTION OF RISK, CONSENT TO TREAT AND CONTINUING OBLIGATION TO UPDATE

I, _____, am aware that playing or participating in any sport is a dangerous activity involving risk of injury, which includes, but isnot limited to, death, permanent disability, neck and spinal cord injuries, brain injuries, injuries to vital organs, injuries to bones, joints, ligaments, muscles and tendons. By signing below, with the full understanding of the risks associated with participating in sports, I voluntarily agree to assume any and all risks associated with training, preparing for, participating in, or traveling to or from any sport or athletic event, or program organized by or through Johnson & Wales University prior to or during my enrollment at the university. I hereby agree on behalf of myself, my administrators, assigns, heirs, representatives and successors to hold harmless Johnson & Wales University and its agents, Board, directors, employees, officers, representatives, trustees and volunteers ("university parties") from any causes of action, claims, damages and/or liabilities related thereto. Additionally, by signing below, with the full understanding of the risks associated, I consent and give permission to the university parties and their assigns to proceed with and make decisions with respect to any medical treatment and/or care deemed necessary as a result of any injury or illness that I may suffer during my training, preparation for, participation in, and/or travel to or from any sport or athletic event or program organized by or through Johnson & Wales University prior to or during my enrollment at the university. On behalf of myself, administrators, assigns, heirs, representatives and successors, I hereby agree to hold harmless the university parties from any causes of action, claims, damages and/or liabilities arising out of or resulting from said medical treatment and/or care.

I understand that during my enrollment at Johnson & Wales University, I have a continuing obligation to update Johnson & Wales University and its athletics department of any changes to my medical history and/or to any information contained in this Athletic Physical Examination Form, and I hereby agree to hold harmless the university parties from any causes of action, claims, damages and/or liabilities arising out of or resulting from my failure to do so.

In addition to the foregoing, I acknowledge that all of the information contained in this Athletic Physical Examination Form is true and correct to the best of my knowledge and belief.

Student's Signature **Date**

Parent Signature (if student is under 18 years of age) **Date**

PRE-PARTICIPATION ATHLETIC SCREENING (This section must be completed by a physician)

Orthopedic Assessment

Height:	Weight:	
Head and Neck:	Knees:	Shoulders:
Back:	Ankles:	Hips:
Elbows:	Feet:	Wrists:

Cardiovascular Screening

1. Precordial Auscultation (please note any heart murmur) Supine: Standing:
2. Bilateral Femoral Artery Pulses (to exclude coarctation of aorta):
3. Indications of Marfan's Syndrome: No: Yes (describe):
4. Sitting Brachial Pressure:
   Any problems that need referrals?
   Full Participation: Special Considerations:
   Limited Participation: No Participation:

Physician's Comments:

Physician's Signature **Date**

Contact Information

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